



Bujinkan Bud Taijutsu

Samurai and Ninja Martial Arts

New
Program!

Learn the ancient art of the Samurai and the Ninja. This new class being offered by RKA Family Karate is designed to teach armed and unarmed self-defense. You will learn to use your entire body to amplify the simple movements for better speed and power.

Classes are for adults and are offered on Tuesday & Thursday from 9:15 – 10:15 pm. This 8-week program costs only \$100 for two classes a week. Checks made payable to “RKA Karate”. If signing up for more than one session, separate checks are required.

Session 1: September 28, 30, October 5, 7, 12, 14, 19, 21, 26, 28, November 2, 4, 9, 11, 16, & 18, 2004

Session 2: November 23, 25, 30, December 2, 7, 9, 14, 16, 21, 23, 28, 30, January 4, 6, 11, & 13, 2005

Session 3: January 18, 20, 25, 27, February 1, 3, 8, 10, 15, 17, 22, 24, March 1, 3, 8, & 10, 2005

All classes are held at RKA Karate, 8 Roosevelt Place - Somerville.

For more information about RKA Family Karate visit www.somervillekarate.com.

Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

Three ways to register! In person at the Bridgewater Recreation Department (Municipal Building – 700 Garretson Road) 9am to 5pm Monday to Friday, drop registration off in the “REC” mailbox located around back of Municipal Building before or after office hours, or via postal service.

Bridgewater Recreation Department P.O. Box 6300/700 Garretson Road – Bridgewater, NJ 08807 (908) 725-6373 office hours 9am to 5pm Monday to Friday www.bridgewaternj.gov

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\$100.00 – checks payable to “RKA Karate”

Last Name: _____	First Name: _____	Circle _____
Gender: Male or Female		
Mailing Address: _____		
Town: _____		Zip: _____
Home Phone #: () _____		Work Phone #: () _____
Cell Phone #: () _____		E-mail Address: _____
Circle _____	Session #1	Session #2
Session: _____	September 27 – November 19, 2004	November 19 – January 14, 2005
		Session #3
		January 17 – March 12, 2005

Please note that Bridgewater Township Recreation Department does not provide individual medical coverage for its participants. Each participant will be covered under his/her family's medical policy. It is recommended that families have insurance before participating. The Recreation Department reserves the right to cancel, alter, supplement, limit registration or change any other information.

Signature _____

Date _____

